

healthy PHOTOGRAPHER

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RobertsPhotoNews.com

In this issue...

- Photoshop Pain Mask
- Top 10 great Lighting Tips
- Great New Kindle PhotoBook
- D.I.Y. -Waste of Time?
- Better Dodge & Burn
- Portrait Light Mastery
- 5 Great Learning Websites

TOP 10 TIPS For Great Lighting

- **Don't Mix...**
Flash, daylight, incandescent, fluorescent have unique colors
- **Get Closer...Even Closer!**
A large light source, close, makes the softest light for great portraits
- **Use Proper Settings...**
Set white balance for the light
- **Sunrise and Sunset...**
Great times for outdoor photos
- **Cloudy and Rainy...**
Good, even light for photos
- **Get Flash Off Camera...**
On-camera flash produces flat (non-dimensional) light
- **Experiment...**
A simple flashlight can be used to find the best angle
- **Flattery...**
There is a best light to show your subject...find it!
- **Stock Up...**
Extra batteries are a must
- **Tripod...**
A good tripod will offer you more lighting options

Robert Schwarztrauber is a professional photographer, author, speaker and teacher. A leading expert on the health & wellness benefits of photography. Buffalo, New York



OFFICER DOWN!

Baltimore Detective Injured on Job Finds Pain Mask in Photoshop

Baltimore, MD 2001

Baltimore detective Ken Driscoll, on the job since 1987, now retired, sustained multiple injuries when he fell 40 feet down a ravine while chasing a suspected car-jacker on foot.

His back was broken and required spinal fusion. He lost the use of his left leg and retains only partial use of his left hand/arm.

Since that time he has been confined to a wheelchair with constant pain as his companion.

But Ken has found an unlikely therapy. What is considered art or hobby by most has turned out to be Ken's best relief from the chronic pain of his injuries.

In photography and Photoshop editing Ken finds precious moments of relief from his suffering.



Armed with his trusty Nikon D5000, Ken Driscoll now searches for great photo opportunities to fuel his passion for creating with Photoshop.

Ken says, "Something

like this (Photoshop Master Brushes from Kelby Training) is so helpful in trying to beat pain. As I paint my mind is so busy I can somewhat escape some pain. Then, when I can't get things right, or the pain is just too bad I have to stop. But this helps better than anything I

have ever done. So if you suffer from chronic pain, or any medical problem where therapy helps.... buying just the Master Brushes from Kelby training will be one of the best investments you will ever make.

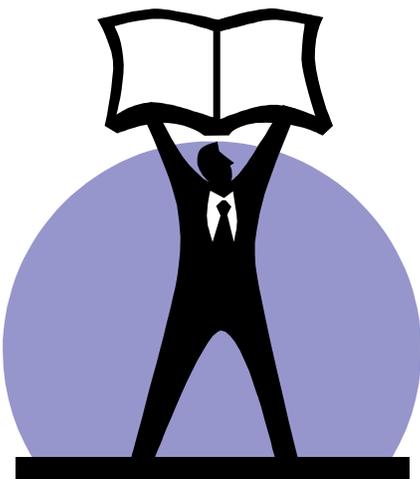
While I can't vouch for the brushes, I do know that there are many folks out there masking the troubles of their life and improving the quality of their life through photography.

...(continued on page 2)

"CHANGE YOUR LIFE...in a flash!"

Details on Page 2





NEW BOOKS ON KINDLE

ROBERT'S DIGITAL PHOTOGRAPHY FIELD GUIDE

Never miss that once-in-a-lifetime photo again!

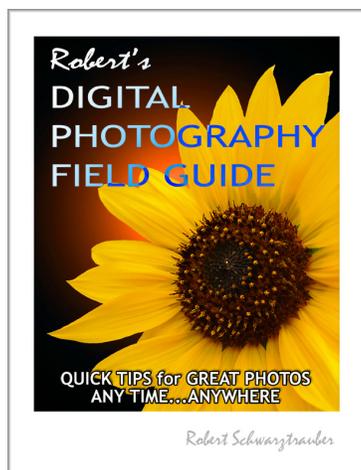
Great How-To reference with camera settings and tips for Beach Photos, Desert Photos, Downtown Photos, Fireworks, Landscapes, Mist and Fog, Night Photos, People and Pet Portraits, Rainy Day Photos, Snow Photos, Sports and more,

Just look on your Kindle for quick reminders wherever you are.

It's like a having a photo seminar right in your purse or pocket!!

Search the title on Amazon.com
Or access directly at:

<http://www.amazon.com/dp/B005DRRM10>



D.I.Y. PROJECTS: Money Saving or Time Wasting?

I've always been handy with the tools. If it can be fixed, I can fix it.

So when I got back into photography (digital) I was sure I could create all sorts of lighting setups and rigs cheaply, on my own, just from the junk in my basement. I quickly learned how much I didn't know.

After wasting countless hours on Do-It-Yourself projects like softboxes, beauty lights, ring lights and other lighting Frankensteins, I created a simple rule to use whenever I toy with the idea of starting some D.I.Y project: If it requires a plug, don't do it! No plug...give it a shot!

I'm plenty handy with electricity. It's not that I can't make it, I can. The problem is in the quality. It's never good enough or versatile enough. Besides, any serious model (or your own family) will just laugh at your cardboard box creation anyway. You'll have wasted countless hours and money. Buy a real softbox! Alien Bees has some good ones cheap.

If you can edit later in Photoshop, do create your own backdrops with black and or white flat king sheets from Walmart...cheap! Plastic modifiers can be made for your speedlight too from rubbing alcohol bottles.

Detective Ken Driscoll (continued from page 1)

Whenever you can become intensely involved in an activity, such as photography and Photoshop editing, your power of focus becomes centered on the activity in progress and serves to mask all other irrelevant inputs, like pain.

Anyone wishing to make contributions to disabled police can send their donations to Ken Driscoll 8200 Peach Orchard Rd. Baltimore, MD 21222. Make checks payable to Ken Driscoll. Thank you Ken for sharing your story.

Just Released!

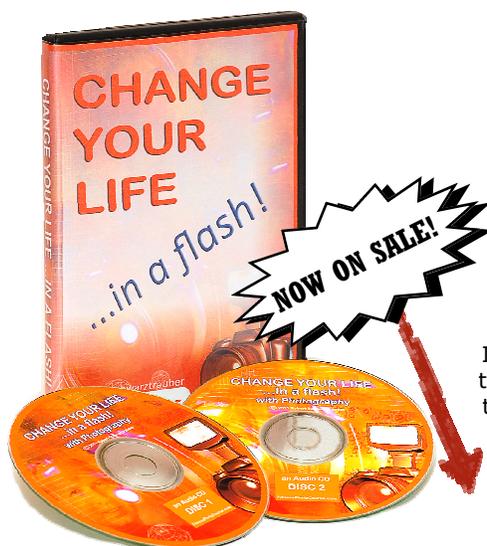
Turns your digital camera into

"The Ultimate Total Mind-Body Fitness Machine!"

Over 90 Minutes of Audio
To Educate, Motivate
and Entertain!

Includes: Your personal action plan, choosing the best camera, taking better photos, editing tips, where to share, finding camera buddies, tips for better health and fitness and more!

FitnessPhotoCourse.com



Test Your Knowledge...

Who said, "If your photos aren't good enough, you're not close enough." (Answer on page 3)

SHOP TALK

Tips and Tricks to Fix Your Pix

Non-Destructive Dodge and Burn

The dodge and burn tools are a great way to lighten or darken areas on our photos. Problem is, once we do, it's a bit hard to change because it directly affects the layer pixels. Often, a better option, and the one I use almost exclusively, is to create a separate layer over top, just for shading changes.

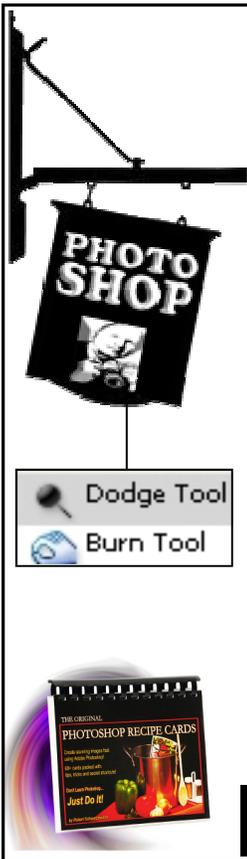
To do this, hold the **ALT** key while clicking the **new layer icon**. A dialog box will appear. In that box change the blend mode to **Soft Light** and then click the box that now says...

- Fill with **Soft-Light Neutral Color (50% Gray)**.

Now, simply paint on this new gray layer with a soft, black brush to darken areas of the layers below, or with white to lighten. Best to start with a 10% opacity and a med. sized soft brush.

Too dark? Add white. If it all goes bad, just delete that new layer!

"Shop Talk" sponsored by PhotoshopTipCards.com



**COMING
NEXT...**

"PHOTOGRAPHY SAVED MY LIFE!"

A TRUE STORY OF TRIUMPH

No STUDIO? No PROBLEM!

DIGITAL BACKGROUNDS
MAKE YOU LOOK LIKE
A PRO...WITHOUT ALL
THE HASSLE & EXPENSE!

How to MAKE MOVIES With PHOTOSHOP!

USING TAX DOLLARS
TO BUILD YOUR
ART COLLECTION!

...AND MORE!



LIGHT MASTERY

The word Photography literally means writing with light. To get the best photos, it's critical that we learn how to master the light.

Joe Marshall, professional photographer for over 30 years and frequent photo contest judge, has mastered the light and shares all his knowledge in his [EZ Flash Photography Workshop](#). Joe's teaching is amazing...he quickly turns beginners into pros!

One of the topics Joe covers is portrait lighting. If you want to be taken seriously as a photographer (and make some serious cash!) you'll need to know the best techniques and tips for lighting your subject. Joe gives you simple tips that will make your portraits look just like the pros!

Do you know how to create these most common lighting techniques?

Broad Lighting: the nose is NOT facing toward the same side of the camera that the main light is coming from.

Short Lighting: is just the opposite. It's when the main light is coming from the short side of the subject and the broad side of the face is more in shadow. If the subject's nose is facing left the light is coming from that same side.

Rembrandt Lighting: basically short lighting where the shadow from the nose connects with the shadow on the side of the face, thus creating a triangle of light on the short side of the face. If the nose shadow does not connect with the cheek shadow, it's not considered to be Rembrandt lighting, just short lighting.

Split Lighting: the main light is placed so far off to the side of the subject that no light falls on shadow side, only half the face is lit.

Butterfly Lighting: When the nose is pointing in the direction of the light, wherever it may be, and the light is high enough to cast a downward shadow, you end up with butterfly portrait lighting.

Checkout Joe's Lighting Course at: <http://tinyurl.com/pstip9>



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Stay Healthy, Wealthy and Wise!

— Robert Capa —
Answer from Test on Page 2

healthy PHOTOGRAPHER

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A "Good News" Newsletter Full of Fun and Interesting Facts for Photographers

SEPT 2011

Back to School! 5 Top Websites for Learning Photo Tips and Tricks

- CreativePhotographyTricks.com Discover how to create (photograph) all sorts of jaw-dropping special effects, with or without Photoshop.
- PhotoshopHouseOfCards.blogspot.com This blog's full of my short articles, and simple tips and tricks for fast and creative Photoshop editing.
- PhotoshopLady.com a real buffet of higher use (more complex) Photoshop editing and transformation tips. Get inspired to the possibilities!
- Flickr.com no tutorials per se (except at D.I.Y.) but scroll down the page quickly, some images will "Pop!" Go back and figure out why. Then D.I.Y.!
- RobertsPhotoNews.com New! Look for this newsletter and find past editions...now free online!



Robert's Ramblings

My daughter said, "Watch me swim across the pool underwater dad!" At 20 ft it's a good challenge for an 11 year old. Twice she tried, but came up short each time. "Why don't you put your goggles on?" I said, "So you can see when you're getting close." Sure enough, in her first attempt with goggles, she made it easily

to the other side. That one simple tip made all the difference. She would have thought nothing more of it, except her dad is always on the lookout for an opportunity to teach a life lesson. "You see," I told her, "when you can clearly see your goal, it's much easier to give it that extra effort at the end. That's what you need to succeed." So how are YOU doing on your goals? Can you see them clearly? Have you written them down? Writing them is like putting your goggles on.

INSIDE...

- > PAIN MASK DISCOVERED IN PHOTOSHOP!
- > D.I.Y. - SAVINGS OR WASTING TIME?
 - > LIGHTING TIPS GALORE!
- > BETTER PHOTOSHOP DODGE & BURN



**3,453
Photographers
Just like You...
Looking for
THE ANSWER!**

Readership at my website just keeps going up!

More and more folks looking to use the new technologies in digital photography to bring immediate and long lasting change to their life.

Finding and delivering these amazing stories of change, and how it's done, is my mission in healthy **Photographer**.

Look inside to start finding your answers today!